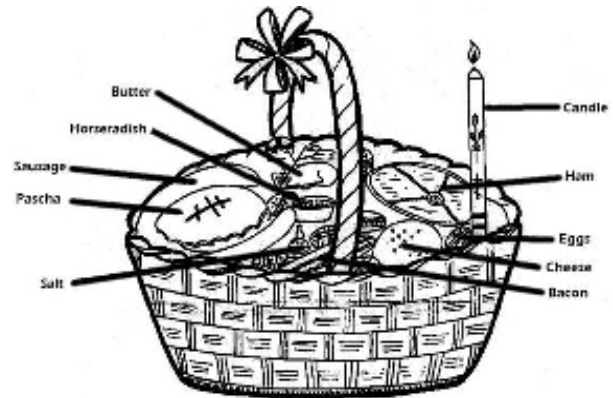


What should I have in my Easter- Pascha Basket?

Paska- The Easter Bread. Symbolic of Christ Himself, who is our True Bread. Usually a round loaf of bread decorated on the top with a Cross.



Ham- This meat is popular as the main dish because of its richness and symbolic of the great joy and abundance of Pascha-Easter. Meat in the Pascha basket also symbolizes the calf sacrificed when the Prodigal Son returned home; the meat is a celebration of our return to Christ.

Sausage- A spicy, garlicky sausage of pork products, indicative of God's favor and generosity.

Cheese- Sweet cheese; mix farmer cheese with confectionary sugar, raisins, cinnamon, cloves and nutmeg. Indicative of the moderation that Christians should have in all things.

Eggs/Pysanky- Hard boiled eggs-decorated, indicative of new life and Resurrection.

Horseradish- A piece of the root or prepared horseradish with red beets. Symbolic of the Passion of Christ still in our minds but sweetened with some sugar because of the Resurrection. It is also included in the basket to remind us of the bitter drink given to Christ at his crucifixion, vinegar and gall.

Butter- Usually whipped (sometimes flavored with almond), is included in the basket to symbolize the Lamb of God, the Sacrifice made for the world. Some families use a lamb-shaped mold for their butter, which made the symbolism even stronger.

Salt- A condiment necessary for flavor; reminding the Christian of his duty towards others.

If your family has never taken a Pascha basket to be blessed, the above Easter-Pascha basket traditions may give you some ideas for starting your own. If you regularly prepare a basket for the celebration of the Resurrection, take some time to explain the deep meanings of the foods and their preparation to your children, grandchildren, nieces and nephews. Everyone will enjoy being involved: baking, decorating, eating!