



ST. GEORGE'S DIVINE SERVICES

Saturday, Feb. 18

All Holy Ascetical Fathers and Mothers

Readings: 1 Cor. 10:23-28; Lk. 21:8-9.25-27.33-36

6:00 P.M. Vigil Divine Liturgy (Mckees Rocks, PA)

Sunday, Feb. 19

Sunday of Cheese Fare

Readings: Rom. 13:11-14:4; Mt. 6:14-21

9:10 A.M. Third Hour;

9:30 A.M. Divine Liturgy/Right of Forgiveness

Supplications will be offered for+**Don Hall**, given by Pyrohy workers

Supplications will be offered for+**Peter & Rose Marie Drahusz**, given by Mary Ann Russo & family

Supplications will be offered for+**George Hanczar**, given by Michael & Jodi Hanczar **(MR)**

Supplications will be offered for+**Very Rev. Charles Yatsishock** , given by Betsy & John Semanchik

Friday, Feb. 24

St. Timothy Venerable

Day of prayer
& fasting

Readings: Gen. 1:14-23; Prov. 1:20-33

6:30 P. M. Liturgy of Presanctified Gifts (North Side)

Saturday, Feb. 25

All Holy Ascetical Fathers and Mothers

Readings: 1 Cor. 10:23-28; Lk. 21:8-9.25-27.33-36

6:00 P.M. Vigil Divine Liturgy (Mckees Rocks, PA)

Sunday, Feb. 26

First Sunday of Great Fast

Readings: Heb. 11:24-26.32-12:2; Jn. 1:43-51

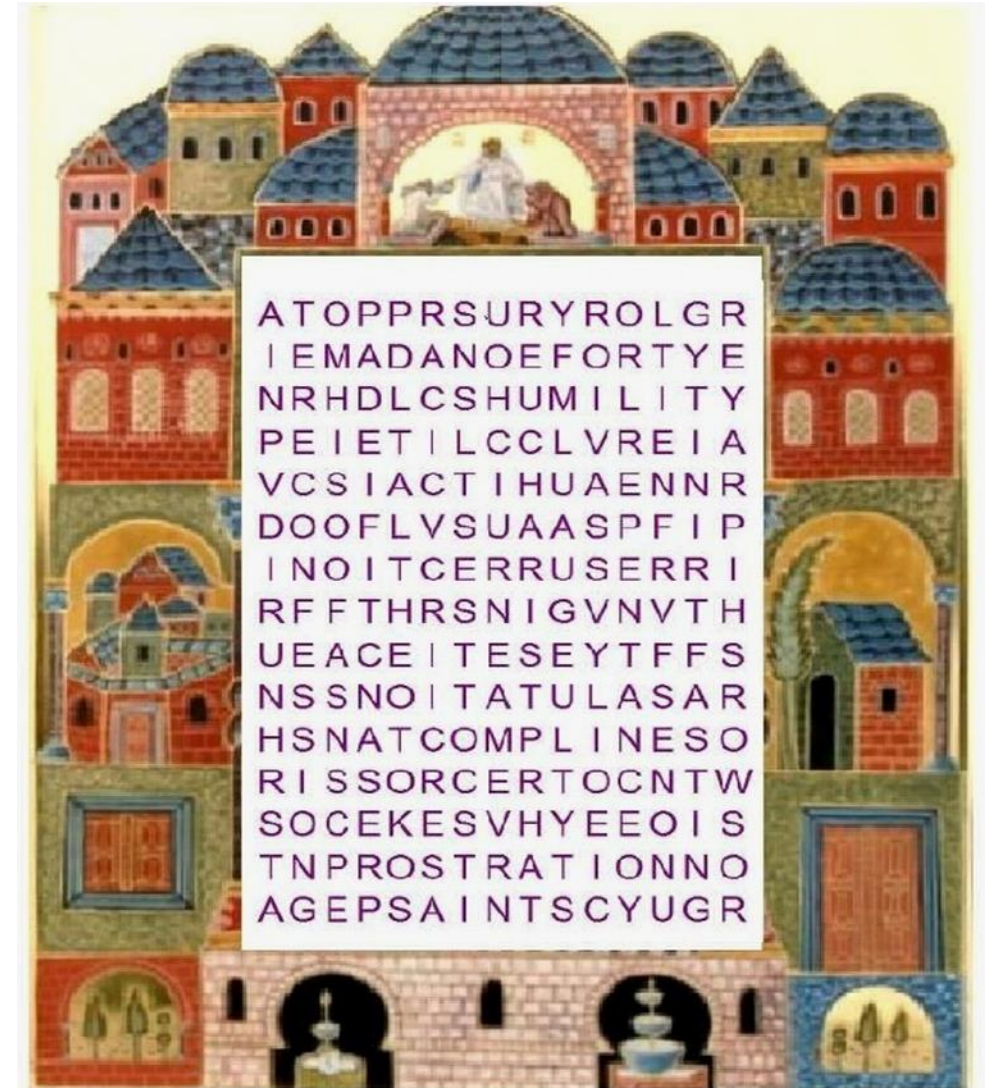
9:10 A.M. Third Hour;

9:30 A.M. Divine Liturgy

Supplications will be offered for+**Patty Della Ragione**, given by husband Luigi

Supplications will be offered for+**Natalia Humenetska**, given by Iryna Yehorova

Supplications will be offered for +**Willow Ann Fuchs**, given by Mary Siweckyj



A 15x15 grid of letters for a word search. The letters are arranged as follows:
 A T O P P R S U R Y R O L G R
 I E M A D A N O E F O R T Y E
 N R H D L C S H U M I L I T Y
 P E I E T I L C C L V R E I A
 V C S I A C T I H U A E N N R
 D O O F L V S U A A S P F I P
 I N O I T C E R R U S E R R I
 R F F T H R S N I G V N V T H
 U E A C E I T E S E Y T F F S
 N S S N O I T A T U L A S A R
 H S N A T C O M P L I N E S O
 R I S S O R C E R T O C N T W
 S O C E K E S V H Y E E O I S
 T N P R O S T R A T I O N N O
 A G E P S A I N T S C Y U G R

LENTEN WORD SEARCH

- | | | | |
|--------------|---------------|-------------|------------|
| Adam | Compline | Confession | Cross |
| Eucharist | Eve | Faith | Fasting |
| Forty | Glory | Heaven | Humility |
| Icon | Life | Liturgy | Pascha |
| Prayer | PreSanctified | Prostration | Repentance |
| Resurrection | Saints | Salutations | Savior |
| Sinner | Soul | Theotokos | Trinity |
| Uction | Worship | | |

2023 Lenten Regulations



Although our Church traditionally prescribed abstinence from meat and dairy products in days gone by for the entire duration of the Great Fast-Lent, the following minimal Lenten regulations are in force in our Eparchy of St. Josaphat.

1. Abstinence from meat and all dairy products on the First Day of Lent (February 20, 2023) and on Good Friday (April 7, 2023).

2. Abstinence from meat on all Fridays of Lent as well as Holy Saturday (April 8, 2023). During the Great Fast, the faithful may also maintain the tradition of abstaining from meat on Wednesdays.

3. Reception of the Sacraments of Reconciliation and Holy Eucharist during the Paschal Season (from the onset of Lent to the Wednesday before Ascension Thursday)

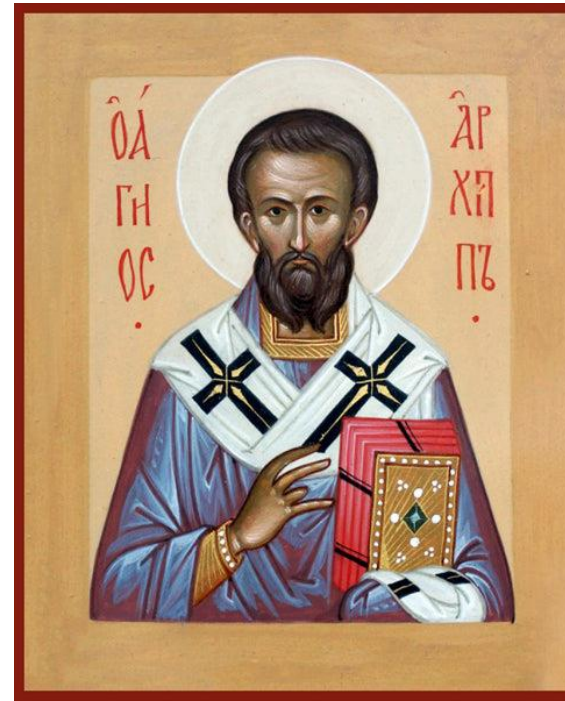
Fasting and Abstinence regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children who have not completed their seventh year of age, and those who engage in physically very hard labor. Prayer and almsgiving oblige all!

In the authentic tradition of the Church, we also fast from the glorious celebration of the Divine Liturgy on the weekdays of the Great Fast. Only the Liturgy of the Presanctified Gifts is to be celebrated in all our Churches on the Wednesdays and Fridays of Lent, and on Monday, Tuesday and Wednesday of Great and Holy Week.

Let us begin the Fast with joy! Let us prepare ourselves for spiritual efforts! Let us cleanse our soul and cleanse our flesh! Let us abstain from every passion as we abstain from food! Let us rejoice in virtues of the Spirit and fulfill them in love! That we all may see the Passion of Christ our God, and rejoice in spirit at the holy Pascha!

Turning away from all wickedness means keeping our tongue in check, restraining our anger, avoiding all gossip, lying and swearing. To abstain from these things – herein is the true value of the fast.

- St. John Chrysostom



February 19, 2023

Sunday of Cheesefare -
Sunday of Forgiveness;
Octoechos Tone 4; The Holy
Apostle Archippus

Changeable Part: Page 14-15
In the Booklet of Changeable Parts
(Small white book)

Announcements:

Today: Sunday of Forgiveness

This Sunday is in our Liturgical calendar the last Sunday before the beginning of the Great Fast and is called Cheesefare Sunday. This Sunday is also called “Forgiveness Sunday” from the pious Eastern Christian custom of asking each others’ forgiveness for discourtesy and disrespect before we begin together our journey through the Great Fast-Lent. At the conclusion of the Divine Liturgy we will have the Rite of Forgiveness during which we will ask each other for forgiveness. Please make sure that you have the special booklets for this Service, which are available in the Church vestibule.

Next Sunday, Coffee **Social and Children Liturgy** on February 26, 2023. If you would like to sponsor next month (March 26) let know to fr. Igor.

Mark you calendar: Next Adult Religious Class on this Thursday February 9th, 2023, at 6:30pm

Soup Sale

Again, this year we would like to sell a soup whole Lent. Every week we will have one kind of soup, next week another and so on. We need volunteers which will be able to cook soups. We will have soup sale on Thursdays and Fridays during Pyrohy hours and then on Sundays after Liturgy. The start of Soup Sale will be on this Sunday, February 19th. You will have the opportunity to purchase Lenten soups: Borsch, Barley, veggie etc. All proceeds go towards the children of St. George's Church School. Make sure to support our children who are the future of our parish family. A sign-up sheet who would like to make a soup for this fundraiser is available in the Church vestibule.

Mardi Gras Party 2023

Brighton Heights Lutheran Church (3830 California Avenue) invites us to their 23rd annual Mardi Gras, which will take place on Sunday, February 19 from 12:00-4 p.m. There is no admission fee but we do accept any good will offering to go towards our NALC mission churches. We also will be collecting non-perishable food items at the door for the local food bank. This year please also consider donation your gently worn or new shoes of any kind and size. These shoes will go to help people living in Third World Countries, through Funds2org. For more information contact the church at 412-761-4585

Prayer List:

Make a point of praying for everyone on the prayer list. If you don't have one, contact the office and we'll send you one. In a special way, at this time, remember the following members of our parish family: **Barbara Fedora, Helen Fedenko, Orysia Barshowski, Kate Wyko, Thomas Kunsak, Kathee Shabla and Rose Shedno.**

Pyrohy

Our total income from last week's sale was **\$813.00**. Thanks to all our dedicated women and men that come faithfully to be part of this parish activity.
mtik

Collection- May God bless you...

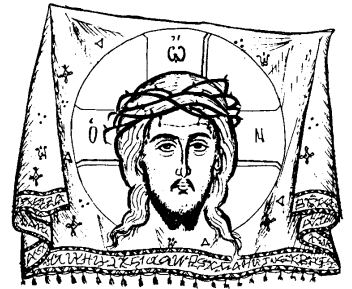
The grand total for Sunday of February 12, 2023, was **\$4,111.00 + \$813.00**
(Collection: \$3731.00, loose & candles: \$148.00, Ukraine Aid: \$232.00)

Sincere thanks to all for your kindness and generosity to our Holy



“The Lenten Spring Has Come”

The first day of the Great Fast “Pure Monday” begins tomorrow (Feb. 20). It is extremely important to get off to a good start. Here are a few things that will make it a truly Holy and Beautiful “Lenten Spring.”



- The Presanctified Liturgy will be celebrated on Friday of the First week and Thursday evening at 6:30 p.m. Come to as many of these services as you can.

- Plan on keeping an especially good fast for that first week. Show yourself that you can be a disciplined faster. We are a product of what we don't eat as much as what we do!

- Get some good books to read - you can get some excellent material at the Byzantine Seminary Press (3643 Perrysville Avenue, Pittsburgh) or visit: www.byzsempress.org. Make ready to have some quiet time without the TV, radio or computer.

- Set aside some monies to give alms, charities. As difficult a time you may be having, there are those who are having it much worse and could use your help.

- Rediscover prayer! Make a daily practice of St. Ephraim's Prayer. The prayer is not just for when you are in Church! Pray the Lord's Prayer at least three times during the day. If you do this you will find that you will begin to pray more.



PRAYER OF SAINT EPHRAIM

O Lord and Master of my life, keep from me the spirit of indifference and discouragement, lust of power, and idle chatter. (Prostration)

Instead, grant to me Your servant, the spirit of wholeness of being, humble mindedness, patience, and love. (Prostration)

O Lord and King, grant me the grace to be aware of my sins, and not to judge my brother. For You are holy, now and ever and forever. Amen. (Prostration)